



Swag Bag

[Tap here](#) to grab all your swag bag goodies from Captivating Compass.

You'll receive:

- The Autistic Family Travel & Field Trip Planner Bundle for free (\$15value)
- Coupon code for 50% of Virtual Field Trip Digital Learning Bundle (save \$8.50)
- Your Field Trip Cheat Sheet
- Link's to Autistic ABCs & Autistic 123s

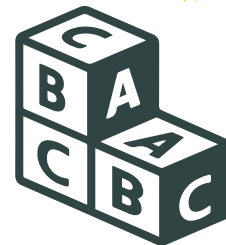
FIELD TRIPS

FAMILY DAYS OUT



TIPS FOR AWESOME FIELD TRIPS & FAMILY DAYS OUT

- **DRESS: EVERYONE WEAR THE SAME COLORED SHIRT**
- **Know Adult to Child Ratio before you go:** We have to one-on-one for our boys.
- **ANTICIPATE THE STRESS THAT AN OUTING WILL BRING AND PLAN FOR IT.**



TIPS FOR AWESOME FIELD TRIPS & FAMILY DAYS OUT

WRITE A SOCIAL STORY AHEAD OF TIME.

EXAMPLE:

Today we are going to _____.

We can (do and see such and such).

We can eat lunch. We can have a snack.

We can be flexible.



CAN VS. WILL

The verb “can” means “to be able to”. To say “we will” sounds like a promise.

I don’t want to make promises I can’t keep.

I avoid saying, “You’ll LOVE” such and such. What if I’m wrong?

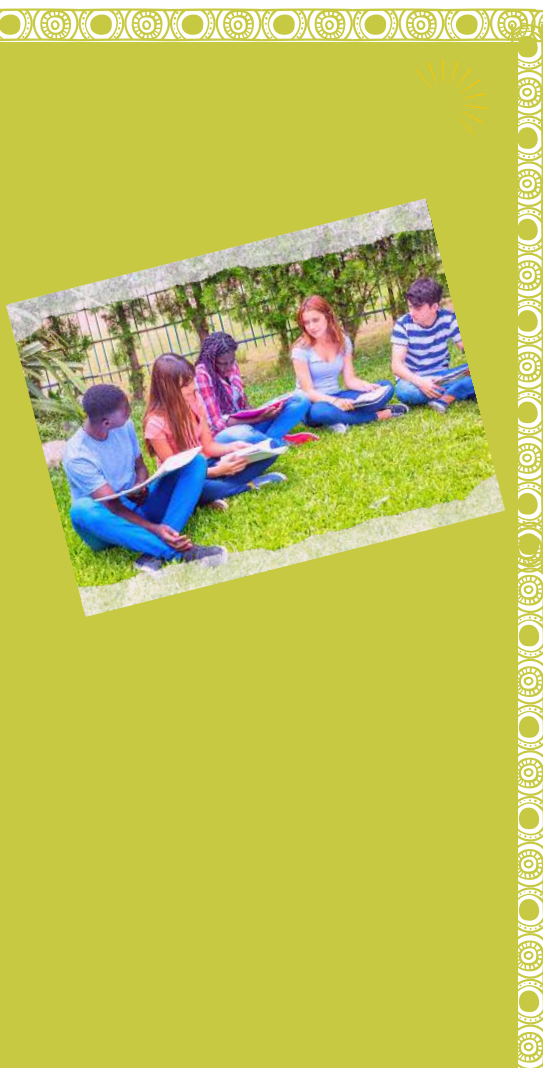
• an excerpt from *Autistic ABCs*



PACK WHAT'S IMPORTANT:



- Take a backpack with wipes,
- Extra clothes and plastic bags,
- Snacks & drinks.
- Whatever helps your kid cope with a strange environment (noise-canceling headphones, caps, hoodies, fidgets, gum).



GIVE EACH STUDENT:

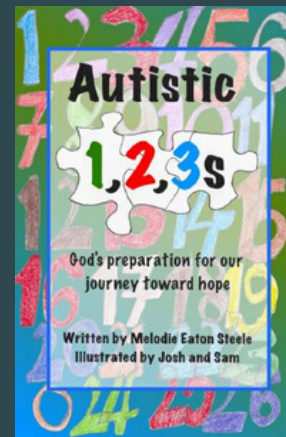
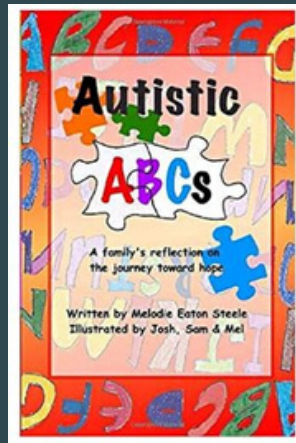
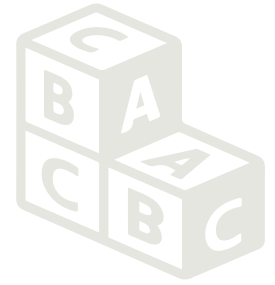


- **A pocket schedule**
 - stored in the lanyard or pocket.
- **“Break” card**
 - We practice the verbal phrase, “I need help.” However, if my kids get overwhelmed, they lose their words. In this case, they can give a “break” card to a teacher or parent for snacks or bathroom or for sensory breaks.
- **PECS cards (Picture Exchange Communication System)**
 - - 2” x 2” cards with word and a drawing, words, pics or both Laminated cards put on a binder ring, key chain or paper clip.



MELODIE

Author &
Special Needs
Mom



You can find Autistic ABCs & Autistic 123s
by Melodie Eaton Steele on Amazon.com

SHANNAN

Homeschool Mom,
Traveler, Owner -
Captivating
Compass



Download Successful Autistic Family Travel & Field Trip Planner Bundle for free using coupon code: SNHC2020

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You can find more homeschool and family travel resources by Shannan at www.CaptivatingCompass.com